



THE INSIDECOACH

Leadership Accelerator

Unleashing the potential in
your mid-level managers

Visit Our Website

<https://theinsidecoach.com>





ABOUT LEADERSHIP ACCELERATOR

The true potential of our company, and the effectiveness of our business, can often be found in our mid-level leaders. This group of talented people will sculpt the nature of our culture and have a significant impact on our bottom-line profits. Yet, many of these managers lack the fundamental coaching and training to help them become successful leaders.

To develop this core group of talent, The Inside Coach delivers a high impact blended solution to help mid-level managers gain key skills to effectively manage themselves and their teams. Programs can be company exclusive for 12 or more participants, or per participant via our semi-annual open enrollment.

“This program was so worthwhile. It was a game changer for me and I truly believe it has helped accelerate my growth as a leader.” - Participant Feedback

6-MONTH VIRTUAL PROGRAM INCLUDES:

- ★ DiSC and/or 360 Survey Assessments
- ★ Individual Development Plans
- ★ 6 Virtual Cohort Workshops
- ★ 7 Individual Coaching Sessions
- ★ 12 Months of Access to COACHPORT

PROGRAM OUTCOMES

Our curriculum is designed to create a dynamic development process that can be tailored to meet your company's needs and culture. Through a combination of skills knowledge, implementation, one on one coaching, and small group sharing (cohorts), participants will learn and implement new behaviors to help them:

Identify

Participants will learn how to identify and overcome personal derailers and limiting beliefs, as well as how to own their authority and assert it productively.



Develop

Participants will develop effective communication and coaching skills that improve clarity, delegation, accountability, and feedback.

Lead

Cohorts will learn how to lead through corporate change, ambiguity, and uncertainty while remaining aligned with corporate values and missions.

Enhance

Aspiring leaders will enhance their time management, agility, and decision-making skills, along with effective ways to gain influence throughout the organization.

"This program was truly life changing and I hope we continue to invest in it for future leaders!" - Participant Feedback

CURRICULUM OVERVIEW

- ✓ **Orientation: 60-minute Virtual Kickoff & Pre-Survey**
- ✓ **Personal COACHPORT Login and Coach Assignment**
- ✓ **Coach Introduction: One-on-One Meeting**
- ✓ **Assessments: DiSC Behavioral Self-Assessment**
Optional 360 Feedback
- ✓ **Monthly 2-3 Hour Cohort Virtual Sessions**
- ✓ **1 Hour One-on-One Coaching Session Between Each Virtual Cohort Session**
- ✓ **Final Cohort Meeting: Participant Teach-Out On Skills & Results**
- ✓ **Results Post-Survey**

Cohort Sessions

Our 6 Cohort Workshops are designed to build key success skills, community, and develop highly impactful peer coaching moments

1

Leader-as-Self

Embracing strengths and overcoming limiting thoughts, behaviors, and personal derailers

2

Time & Results

Use energy and resources efficiently, gain focus, embrace authority and delegate effectively

3

Effective Communication

Communicate a clear and concise message, build cross-functional relationships, and gain influence with senior leaders

4

Team Performance

Establishing a clear team purpose, performance expectations, and goals, and encouraging performance through praise and accountability

5

Coaching and Feedback

How to hold an effective coaching session, give performance and development feedback, and resolve individual and team conflicts

6

Change & Agility

Managing self and others through change, setbacks, and ambiguity

"Excellent job by my coach. All the teamwork and team collaboration, the takeaway tasks and assignments were a BIG plus. I feel a lot of work was put into this to make it so enjoyable and educational." - Participant Feedback



COACHPORT

To further customize the learning experience, each participant will have access to **COACHPORT**, our proprietary web-based system that creates a central coaching hub where both parties can share information, documents, assessment, resources and virtually meet.

Secure, personalized, & confidential



Progress scoring system to ensure our participants stay on track with measured results



Access to our COACHPORT library, a curated selection of relevant tools for a leader's ongoing development





Welcome, StudentFirstName!



Coach's Name

Coaching level/title

Call or Text me: 555-555-5555

Email me: email@domainname.com

[Start Session Now](#)

Progress Score



0 of 5 Documents Completed

0 of 10 Sessions Completed

Welcome

Assessments

Goals

Sessions

Journal

Documents

Content Tools



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If you have never had a 360 evaluation, it can be a bit intimidating at first. Yet it yields great insights and will be well worth the experience. The purpose of the assessment is to help you gain self-awareness by understanding how co-workers perceive your efforts in the workplace. My clients highly value this feedback because it often validates their strengths and helps them to see if there are any obstacles to their success.

The 360 survey is comprised of leading-edge management and leadership statements that will help us profile your strengths, as perceived in the work environment, and areas where you may become even more effective. The results from these assessments will be strictly confidential and will only be seen by you and me.

When you're ready, please open the 360 Rater list file below and follow the instructions. I recommend you select 12 to 25 co-workers. Please include direct reports, peers, manager and yourself on the list. Once you complete your list, you will save the file and sent it to me via email. I will then reach out to your manager to see if there is anybody else they feel needs to be added. If any changes or additions are made, I will notify you before we launch the 360 survey.

Below is a brief note for you to send to your raters to let them know the surveys coming. Please feel free to edit it in any way that works for you. You can also opt to not sent them a note.

Dear (coworker),

Thank you in advance for participating in the process.

360 Assessment

360 Raters

Insight

Assessment Review

Progress Feedback

Coaching Results

All participant's progress is tracked via pre- and post-surveys



Our clients report that coaching and cohort learning has been one of the most significant contributors to their career success, leadership skills, and work satisfaction



Many of our mid-level coaching candidates have gone on to become C-Level leaders



The majority of our clients report that leadership development has decreased workplace anxiety, ambiguity, and turnover within their teams

"I appreciate the deep topics and the push to really look at myself honestly and with vulnerability. The safe space provided with great coaching & guidance was one of the best things about this course. Truly appreciate it!"

- Participant Feedback

Our Facilitators

The Leadership Accelerator program was created by Dawn Kohler, Master Level Executive Coach and Todd Weinstein, Executive Coach, Team Facilitator and former HR Professional. For over 20 years, Dawn and Todd have worked closely with mid-level to C-level talent to help them strengthen their leadership skills, team performance, and business effectiveness. Their clients have spanned the globe and include fortune 500 leaders from Entertainment to HealthCare.

In addition, our team of experienced and certified executive coaches bring years of expertise to each engagement. By working with successful leaders in dynamic organizations, we are uniquely qualified to help our clients develop skills and behaviors that have proven to help mid-level talent become senior leaders in today's workplace.

"The moderators (Todd and Dawn) were terrific. And I applaud the structure of the program. Having the content spread out in bite-size chunks over six months allows the participants the opportunity to apply the material in stride." - Participant Feedback



Dawn Kohler

Master Level Executive Coach



Todd Weinstein

HR Professional &
Leadership Consultant

Who Should Attend?

Mid-to-senior level managers, directors, vice presidents, or high-potential individual contributors who have, or will have, people management responsibilities. Also well-suited for (but not exclusive to) employees who by gender, race, or sexual orientation have traditionally lacked C-level modeling that inspires career goals and aspirations within the workplace.

TUITION

Our 6-month program ranges from \$5,200 to \$6,800 per person and includes all materials, coaching, and access to **COACHPORT** technology. Cohorts range from 6 to 15 participants. (Pricing based on assessments and number of participants)

"I have appreciated the transparency and sharing that was done by all of the participating members of the program. You learn a lot by listening to peers that go through similar situations and being vulnerable and open in sharing our experiences helps to enrich all of us."

- Participant Feedback



Summary Overview: Leadership Accelerator

- ✓ 6 Month Program for 6-18 Participants
- ✓ DiSC and/or 360 Assessments
- ✓ Tailored Individual Development Plan
- ✓ 15-18 Hours of Small Group Training (aka Cohort)
- ✓ 7 Hours of Individual Coaching
- ✓ Performance Impact Results via Post Program Surveys
- ✓ 1 Year Access to COACHPORT to Review Goals, Insights, Training Materials, + Content Library
- ✓ Pricing Based on Group Size and Assessments (\$5,200 - \$6,800 per participant)

"The program helped me really connect with my team and has helped me to be a more motivational and compassionate leader."

- Participant Feedback



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CONTACT US

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